

is a silent liver disease that affects up to 14% of middle-aged US adults. Patients typically show no symptoms.

What Causes NASH?

- Excess fat in the liver
- An unhealthy lifestyle
- Fatty foods
- Excess Carbohydrates
- Sugary drinks

The Progression of NASH



NASH has more than doubled in the last 20 years due to the epidemic of diabetes and obesity

What are the Risk Factors?



High Cholesterol

High Triglycerides



50 Years of Age or Older

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NASH Facts



As of 2019, NASH was the leading cause of liver transplantation in women, older patients, and patients on Medicare.



NASH affects up to 14% of Americans which equals about 47 million people.



UP TO 10-15% of adults with NASH may have cirrhosis

Treatment Options for NASH

Currently there are no FDA approved therapies to prevent or treat NASH.

Several clinical research studies for developing treatments are available.

To learn more about participating in NAFLD or NASH clinical trials, visit pinnacleresearch.com or call (210) 982-0320.

